



# AMY ELLIOTT GARCIA

## ENERGY MEDICINE PRACTITIONER & SPIRITUAL COUNSELOR

### CONTACT

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### PROFILE

At four, Amy became Conscious and made a commitment to better her life and, in turn, was determined to help other children in trauma. After joining the Army National Guard in 1999, Amy pursued and completed a degree in Psychology, (concentration in Child Development), in 2005, as well as A.A.'s in French and Spanish. She also completed training as a birth doula, perma-culturist and in Military Science. Although her designations have served to overcome her fractured upbringing, it was in becoming a Mother that changed everything. After an extraordinary DMT-like postpartum experience and Psycho-Spiritual Awakening, Amy was broken open and has successfully traversed her "Dark Night" by healing the emotional and Energetic root-causes of her PTSD and depression. As a clairvoyant and Coach in Spirituality, Energy Healing, and Energy Medicine since 2012, she has been grateful to be in service.

"I have had an ongoing issue with my neck for the past three years. I had seen doctors, chiropractors, and acupuncturists to alleviate the daily discomfort, all to no avail. Since I saw her two months ago, I have been completely free of any discomfort and I expect that to continue. I am so grateful for Amy's talent and skill, as well as her compassion. It has made a huge difference in my life"- Ali, OR

"One session with Amy released a life-long sadness and despair, for good! In her presence you sense Amy is a healer with all of her being. The session moved me past the root of the issue never to return." -Victoria, IN

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\*While Amy Elliott can't guarantee any specific results and the above testimonials do not constitute a warranty or prediction regarding the outcome of an individual using her services for any issue or problem, clients report having positive experiences.

### ADMINISTRATIVE SKILLS

**Website Maintenance, Translation, and Support**

**Travel and Payroll Management**

**Proven Clerical & Project Managing Skills**

**Creating SOP Guidelines and Manual**

**Excellent in Organizational Skills**

**Excellent communication, interpersonal, and managerial skills**

**Managing Cultural Center Library and its database**

**Proven excellence in analytical and problem-solving skills**

**Demonstrated ability to meet deadlines and in stream-lining processes**

**Demonstrated ability in the planning, coordinating, execution and supervision of events**

### FUNCTIONAL CAPABILITIES

**Six Years of Military Leadership Training**

**Excellent empathic abilities and Emotional Intelligence**

**Experience in teambuilding, exercising initiative, & conflict resolution**

**Trained in peer-counseling**

**Consulting and Personal Planning experience**

**Excellent Experience in leading, mentoring and tutoring diverse and at-risk populations**

**Experience in Case Management and client counseling**

**Have Experience in successfully providing conscious feedback and holding space for self-reflection**

**Consulting and Personal Planning experience**

**Extensive Community Service**

**Multi-cultural background that allows for keen ability to adapt to different environments**

**Able to follow as well as lead**

**Proven Excellence in resourcefulness, ingenuity, masterminding and streamlining processes**

**LANGUAGES:** Native Speaker/A.A. in Spanish and A.A. in French

**COMPUTER:** Working knowledge of computer applications such as MS Windows, MS Office products as well as website applications including, (Basic-Intermediate Webpage and Graphic Design), Database Maintenance, Conferencing Applications, Accounting and Scheduling Software and Social Media advertising

### **Volunteering**

Annual Burrito Brigade, Feeding  
Unsheltered 2015  
InJoy Wellness Center Receptionist 2015  
Women's Groups' Founder 2014-2016  
Wildlife Care Inc., Animal Caretaker 2007  
America Votes, Latino Comm. Org.  
Trng. 2006  
6<sup>th</sup> District Voter Registration Drive, Co-  
chair, South Bend, IN 2006  
NAACP Member 2006  
Student Gov't. Assoc., IUSB 2002, 2004  
LeaderShape, IUSB Leadership Trng., 2002  
French Club President, IUSB 2003-2004  
Internship, Elementary Day Treatment,  
Madison Center for Children 2005  
Co-Organized GULU Walk, UGANDA  
CAN 2005  
Psychology Club Member 2005  
Death by Suicide: Healing and Surviving,  
Convention & Committee Volunteer 2005  
WNIT Television, Internship 2006  
Communities United, South Bend 2006

### **Honors & Extracurricular**

Member of National Honors Society of  
Psychology (Psi Chi) 2005  
Annual Conference, Research on Religion,  
Co-Author, Rochester, New York, 2005  
Honorary Member of the Order of the Holy  
Cross, Notre Dame ROTC-  
Outstanding Achievement 2004  
College of Arts and Sciences - Dean's  
List 2004  
Army Achievement Medal (AAM) - Granted  
to personnel for outstanding achievement  
or meritorious service 2002

### **EDUCATION**

**ENERGY HEALER: CERT. MATRIX ENERGETICS® PRACTITIONER**

More About Matrix Here , 2012

**REIKI INITIATE LEVELS 1&2, 2009**

**INTUITIVE DEVELOPMENT ONLINE TRAINING COURSE**

Ellen Hayakawa, 2011

**CERTIFIED PERMA-CULTURIST, WILD EDIBLES COURSE**

Indiana University, 2007

**COMPLETED BIRTH DOULA TRAINING**

BABS, Bloomington Area Birth Services, 2007

**BACHELOR OF ARTS, PSYCHOLOGY**

Indiana University, 2005

**ASSOCIATE OF ARTS, SPANISH**

Indiana University, South Bend, 2005

**ASSOCIATE OF ARTS, FRENCH**

Indiana University, South Bend, 2005

**MILITARY SCIENCE, OFFICER TRAINING SCHOOL** University of Notre

Dame Army ROTC, 2005

**ARMY NATIONAL GUARD, ENLISTED**

Washington and Indiana ARNG, 1999-2005

### **WORK EXPERIENCE**

**Homeschooler & SAHMom of Three** 2009 - Present

**Singing Creek EDU Center, Asst. & Lead Teacher** Jul-Aug 2018

**Matrix Energetics® CP, Consciousness Tech. based in** 2012 -2015

Quantum Physics, Energy Medicine/Healer

**Lead Spanish Instructor at Learning Co-op** 2014-2014

Experiential Teaching

**La Casa Latino Cultural Center, Office Manager** Aug. 2006 – 2009

Administrative duties, Payroll, IU Systems knowledge, Student Staff

Supervisor, Event Planner and Coordinator, Travel Coordinator,

Patron relations

**Transition Resource Corp.-DOL Subsidiary** Jan.-Aug. 2006

Farmworker Poverty Relief Program Case Manager, Survey & Test

Administrator, Outreach,

**Banker's Life and Casualty Co., Mishawaka, IN** June- Oct. 2005

Retirement Planning, sales and consulting

**Learning Center, Indiana University, South Bend, IN**

Tutor in Psychology, French, and Spanish

Jan. – May 2005

**Soldier/Cadet, Indiana ARNG, South Bend, IN** May 1999-May 2005

Enlisted Mechanic, Refueling Training

1999 - 2005

**Notre Dame Army ROTC, Cadet**

2001 - 2005